Keeping You Safe

Frazier Rehab Institute is committed to your health and safety at all times.

This brochure contains information about the risks associated with falls and ways to keep safe. Please read and keep at hand for family members to review as well.
Did You Know...
The majority of in-hospital injuries occur as a result of falls. You are at a high risk of additional injury from a fall if proper safety precautions are not followed.

You may think you will not fall, but it can and does happen.

Please review the information in this brochure to ensure you are aware of the risk factors for falling, safety rules, and things to watch for.

Your health and safety is our highest priority at Frazier!

What puts you at risk for a fall?
- Medications
- Weakness/Immobility
- Being in a new place
- Change in ability
- Blood pressure drop when standing
- Disregard for safety procedures

What can happen if you fall?
- Bruises
- Scrapes
- Cuts that require stitches
- Sprains
- Broken bones
- Brain injury
- Further injury to current ailment

CALL, DON’T FALL!

How will Frazier keep you safe?
- You will be on falls precautions for the first 72 hours of your stay. During that time, the team will assess your risk for falls and implement safety procedures.
- You should not attempt to get out of your bed, a wheelchair, or a chair on your own. Use your call light to ask for assistance.
- Family members should NOT assist in getting you up. Many falls occur when families are trying to help.
- Staff must assist you out of your bed, wheelchair, or chair and take you to the bathroom, bedside commode, or shower.
- Staff will stay with you while you are in the bathroom in order to prevent falls. A majority of patient falls occur in the bathroom.
- You should not sit up on the side of the bed to eat, dress, or use the urinal. Always call for help. Many patients have fallen to the floor while sitting on the side of the bed.
- You should not reach for items dropped on the floor. It is easy to lose your balance and fall.